

Time for tea ... and biscuits? What about palm oil?

Have you ever read the list of ingredients on the side of your biscuit packet? Does it include palm oil?

This week's
challenge:
1st July

Much rainforest and peatland, especially in Malaysia and Indonesia, is being destroyed to make way for palm oil plantations - releasing carbon & reducing carbon storage.

Can you make your own biscuits ... and try to only buy 'sustainable palm oil' certified products?



When you've completed this challenge ... Remember to hit the red button!



Half of packaged supermarket products contain palm oil!! 200+ different names are used for palm oil products – in biscuits it's often referred to as 'vegetable oil' (palm).

More about palm oil:

[WWF – helping jungles](#)

[WWF – everyday products](#)

[CBBC – threatening orangutans](#)

Choosing 'sustainable palm oil' is best. A boycott could lead to alternatives that may have a worse impact.

'Unsustainable' palm oil farming is a major driver of deforestation, biodiversity loss and peatland destruction.

