



Palm Oil

'You can start changing our world for the better daily, no matter how small the action'

Nelson Mandela

Palm oil is a ubiquitous, yet almost invisible ingredient in many processed foods and household products. The consequence of the unsustainable management of palm oil plantations is devastating for climate change and biodiversity. This week's challenge encourages Young Climate Warriors to learn about palm oil, and 'sustainable palm oil', and to make and enjoy some home-made biscuits instead of factory-manufactured ones. Taking a leaf out of Nelson Mandela's book – making small daily changes can help make our world a better place.

Time for tea ... and biscuits?
What about palm oil?

Have you ever read the list of ingredients on the side of your biscuit packet? Does it include palm oil?

Much rainforest and peatland, especially in Malaysia and Indonesia, is being destroyed to make way for palm oil plantations - releasing carbon & reducing carbon storage.

Can you make your own biscuits ... and try to only buy 'sustainable palm oil' certified products?

This week's challenge:
1st July

YOUNG CLIMATE WARRIORS

When you've completed this challenge ... Remember to hit the red button!